



Post Baccalaureate Preparation (Second Degree)
Nutrition & Dietetics, B.S. (Didactic Program in Dietetics)

The post-baccalaureate Didactic Program in Dietetics is intended for students who want to become Registered Dietitians (RD) and have an undergraduate degree that is not in Nutrition. For students who have a Bachelor's degree in a field other than nutrition, the steps for becoming a Registered Dietitian are:

- 1. Complete core coursework approved by the Commission on Accreditation for Dietetics Education. This coursework is called the Didactic Program in Dietetics (DPD).
2. Following completion of the DPD, students will need to apply and be admitted to a Dietetic Internship.
3. Completion of a Dietetic Internship is required before taking the Registration Examination for Dietitians. Contact the Nutrition/Dietetics Program office for information on Dietetic Internships.

The DPD in the Nutrition/Dietetics Program at the University of New Mexico is accredited by the Commission on Accreditation for Dietetics Education (CADE) of the American Dietetic Association, 120 South Riverside Plaza, Chicago, IL 60606-6995, 312-899-0040 Ext. 5400.

ADMISSION

All post baccalaureate students wishing to complete the DPD at the University of New Mexico MUST apply for and be admitted to the Nutrition/Dietetics Program to earn a second bachelor's degree. Criteria for admission include: Bachelor's degree from an accredited college or university, completion of Nutr 244, Chem 121 and Chem 123L with a grade of B or better.

REQUIRED COURSEWORK: POST-BACCALAUREATE PREPARATION FOR THE DPD

Table with 4 columns: Course Name, Credits, Course Name, Credits. Rows include Nutr 244 Human Nutrition (3), Biol 123, 124L Biol for Hlth Rel Sci (4), Nutr 320 Methods in Nutr Ed (3), Biol 237 Anat & Phys I (3), Nutr 321 Mgt in Dietetics I (3), Biol 247L Anat & Phys Lab (1), Nutr 322 Mgt in Dietetics II (3), Biol 238 Anat & Phys II (3), Nutr 330L Prin of Food Science (4), Biol 248L Anat & Phys Lab II (1), Nutr 344 Energy Nutr in Hum Nutr (3), Biol 239L Microbiology (4), Nutr 345 Vit & Min in Hum Nutr (3), GenChem121,123L (4), Nutr 406 Community Nutr (3), Chem 122, 124L (4), Nutr 424 Nutr in Life Cycle (3), Chem 301 Organic Chem I (3), Nutr 427 Medical Nutr Therapy I (3), Chem 302 Organic Chem II (3), Nutr 428 Medical Nutr Therapy II (3), Bioc 446L Intensive Biochemistry (4), Nutr 445 App Nut & Exercise (3)

OTHER (15 credits)

Table with 4 columns: Course Name, Credits, Course Name, Credits. Rows include Psych 105 (3), C & J 130 Public Speaking (3), Stat 145 Intro to Stat (3), C&J 314 Intercultural Communication (3), PE-P 326L Fund of Exer Phys (3)

ADVISEMENT

Students pursuing completion of DPD coursework must consult an advisor in the College of Education Advisement Center.

PROGRAM COSTS

The following is a list of anticipated average expenses for Nutrition/Dietetics students per year. Check: www.unm.edu/~bursar for up to date costs. Tuition: \$2,550 (per semester) New Mexico Resident, 12-14 credits (as of Fall 2009); Fees: \$ 60.00 (laboratory fees); Textbooks: \$ 800.00 (two semesters); Lab Attire: \$ 25.00.

ACADEMIC CALENDAR

For up to date information see UNM Registrar's Calendar: www.unm.edu/~unmreg/acadcal.htm.

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COURSE DESCRIPTIONS NUTRITION/DIETETICS PROGRAM

Note: semesters listed (Fall, Spring, or Summer) are when the course is usually offered. Check with a Nutrition advisor for most up to date information on timing of course offering.

244 Human Nutrition (3) This course provides an overview of all the nutrients including function in the body and food sources. Dietary guidelines intended to promote long term health are stressed. Prerequisites: Biol 123 or 201 or Chem 111L or Chem121. *Fall, Spring*

320 Methods in Nutrition Education (3) Principles of education basic to effective learning by individuals or groups. Selection and effective use of nutrition teaching materials and resources to promote the learning process. Prerequisite or co requisite: 344. *Fall*

321 Management in Dietetic I (3) Standard methods of food production in quantity; standardization of recipes; menu planning; and food service. Prerequisites: 244. Admitted nutrition majors only. *Fall*

322 Management in Dietetics II (3) Principles of organization and management applied to dietetics practice including food service, medical nutrition therapy, and community nutrition. Prerequisite: 321. *Spring*

330L Principles of Food Science (4) Chemical and physical properties of foods, scientific principles of food preparation, objective and sensory evaluation of food modifications. Students design and conduct an independent research project based on food science principles. Prerequisites: 321L, Chem 212 or 301. Pre- or co requisite Biol 239L. Admitted nutrition majors only. *Spring*

344 Energy Nutrients in Human Nutrition (3) Carbohydrate, fat and protein in human nutrition. Emphasis includes digestion, absorption, metabolism, food sources and dietary recommendations. Implications for health promotion and disease prevention. Prerequisites: 244, Chem 212 or 301. *Fall*

345 Vitamins and Minerals in Human Nutrition (3) Water and fat-soluble vitamins, macrominerals and trace minerals in human nutrition. Emphasis includes absorption, metabolism, food sources, dietary recommendations, deficiencies and nutrient interactions. Implications for health promotion and disease prevention are explored. Prerequisites: 344 or equivalent. *Spring*

406 Community Nutrition (3) Application of community health principles to nutrition programs for individuals and groups. Experiences will include work with community nutrition programs. Prerequisites: 344. Prerequisite or co requisite 345. Admitted nutrition majors only. *Spring*

***424 Nutrition in the Life Cycle (3)** Nutritional assessment, physical growth and development, and the physiological basis for nutrient needs in pregnancy, lactation, infancy, childhood, adolescence and old age. Application to food selection patterns and the influence of social and cultural factors. Prerequisites: 244, and Biol 237. Restriction: Junior standing or higher. **(Graduate credit for those eligible). Fall*

427 Medical Nutrition Therapy I (3) The application of diets in the treatment of impaired digestive and metabolic conditions using the case study approach. Prerequisites: 345. Admitted Nutrition majors only. *Fall*

428 Medical Nutrition Therapy II (3) Continuation of Medical Nutrition Therapy I. Prerequisite: Nutr 427. *Spring*

445 Applied Nutrition and Exercise (3) Interrelationship between nutrition and exercise with application to energy balance, weight control, physical fitness, competitive and recreational sports and prevention of chronic disease. Prerequisites: 345, and PE-P 326L. *Spring*

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