A NOTE FROM THE PROGRAM COORDINATOR

ENGAGED
Throughout this issue of Setting the Standard you will note that the UNM-ATEP students have been more than involved, more than interested, they are in gear, they are ENGAGED!

ATEP students are dedicated to providing a positive influence to the greater Albuquerque area and beyond. They help other individuals by cleaning up the environment, offering professional skills to local nonprofit groups, and lending their talents and experience to strengthening their communities and profession in countless other ways.

Students continue to seek internships and attend conferences to enhance their knowledge and pave the way for those following in their steps. They are serving as officers and participating on committees on campus and at the district level. Nationally, UNM-ATEP junior, Shane Fitzpatrick, marched on Capitol Hill with NATA Board of Directors District 7 Representative, Bart Peterson, in efforts to promote athletic training as a health care profession.

This was in conjunction with the NATA Capitol Hill Day, the second iLEAD student leadership seminar and the annual Athletic Training Educators’ Conference.

Coming still this spring, the UNM-ATEP will host its 4th Annual Open House scheduled for April 29, 2011. The students are assisting with the presentation of the Clinical Education / Concussions Seminar on March 28, 2011 to show their appreciation to clinical educators.

The UNM-ATEP students are in gear, involved and ENGAGED.

Article by: Susan McGowen, Ph.D., EMT, ATC, LAT

The future depends on what we do in the present
~Ghandi

NATA EDUCATE, LEAD, ADVOCATE CONFERENCE

Tina Moya & Taryn Winkler for passing the BOC exam!
John Rosecrans, Natalia Romero & Megan Disch for graduating with a BS in Athletic Training.
Shane Fitzpatrick for being selected to attend the 2010 Collegiate Sports Medicine Foundation Student Leadership Workshop.
John Rosecrans for his summer internship with NFL team, New Orleans Saints.
Shane Fitzpatrick for being selected as the College Student Representative to the New Mexico Athletic Trainers’ Association
Shandlin Copeland & Jesse Chavez for being selected as the student representatives for the newly formed Student Committee of the Rocky Mountain Athletic Trainers’ Association.
New SAAC representatives — Nathan Vigil & Adam Eberhart
Re-elected ATSA Officers: President—Shane Fitzpatrick Vice President—Janel Clark Secretary—Kendra Komrump Treasur—Shandlin Copeland

The blinding sun reflected brilliantly off of the enormous white stone building and the 60-mile per hour gusts nearly whipped me off the same steps that had been graced by some of our nations greatest leaders.

The National Athletic Trainers’ Association (NATA) Educate, Lead, Advocate conference which included NATA Capital Hill Day, the second iLEAD student leadership seminar and annual Athletic Training Educators’ Conference was held in Washington D.C. February 24th-27th. Over 200 students were in attendance from 44 states for both the NATA Capital Hill Day visit and iLEAD.

The NATA Capital Hill Day was an opportunity for athletic trainers and athletic training students to talk to their local congressmen and women about issues regarding healthcare and specifically athletic training. It was a great experience being able to sit in on the meetings and learn from such passionate professionals. I also had the opportunity to share some of my experiences and talk about the impact that athletic training has had on my life. Some of the legislation discussed included adding athletic training back into the Medicare billing list, the Healthy Choices Act, and imposing requirements for high schools with full time athletic programs to implement a plan for athletes that sustain concussions.

The iLead seminar featured presentations from Mark Hoffman, associate dean and athletic training education director at Oregon State University, Nancy Burke, an athletic trainer for law enforcement, Jay Sedory, athletic trainer with the Marine Corps, and Eric Waters, head athletic trainer for the Washington Wizards. These individuals presented on the worth of athletic trainers in all fields, and especially non-traditional ones. Eve Becker-Doyle, Executive Director of the Board of
Senior John Rosecrans had an internship with the New Orleans Saints in the Summer of 2010. What follows is his comments and advice to fellow students. I was curious why I was chosen above other applicants so I asked one of the assistant athletic trainers what was different about my application. He told me that the decision was based on two things: the recommendations from my references, and the work of previous students from my athletic training education program. This statement gave me a whole new perspective. I realized that I wasn’t blessed with this opportunity because of my own skills, but because of the word of people who believed in me along with those who worked hard before me. This motivated me to perform to the best of my ability. Not only would it benefit my own future, but, by representing my program well, it could give another UNM athletic training student a similar opportunity in the future.

Last summer I was able to build professional relationships, continue my networking experience, and set myself up to start a career in athletic training. I enjoyed working with athletic training students from other universities who will be my professional colleagues in the very near future. Through the five and a half weeks in New Orleans, I learned how to work with athletic trainers from very different backgrounds and utilize each other’s strengths to help achieve a common goal, which was to provide optimal healthcare to the athletes.

I want to reiterate the importance of networking in this profession. As I move forward with graduation and enter the athletic training profession, I will continue to represent those who taught and recommended me. The path of networking is the reason I was able to work with the Saints, and as an athletic training student, you will likely find yourself in a similar situation. I encourage you to maintain your professional network, which will benefit your own career, and could lead to helping someone else in the future.

The Student Athletic Advisory Committee (SAAC), is a group of UNM student-athletes who come together to discuss current topics relating to New Mexico athletics. Topics range from community service, academic and career opportunities, collaborating with other student groups, and general support of fellow student-athletes and their respective sports. The primary objective of SAAC is to provide student-athletes with an atmosphere of success—both in the classroom and on the field. Being a member of SAAC teaches students fundamentals in leadership, responsibility, respect, sportsmanship, and overall school spirit. Representatives relay these lessons to other members of their team to make an impact on the entire athletic department. Along with academics and collegiate competition, SAAC is also highly involved in service projects and supporting charity organizations. SAAC’s community service contributions have included providing under-privileged children with new toys, organizing and promoting blood drives, visiting children from the University of New Mexico Hospital’s children’s ward. SAAC also contributes to UNM’s annual “Spring Storm” where all student organizations are invited to provide service to the extended UNM community. The Advisory Committee serves to enhance the experience of a collegiate athlete and gives them an opportunity to become more responsible people and role models. As athletic training students on SAAC, we are able to provide input to the student athletes on various health-related issues such as concussions, physician appointments, and the overall daily operations of the athletic training facilities. As SAAC members, we gain a better perspective and understanding of the life of a student athlete and the academic and competitive pressures that they encounter on a daily basis.

Article by: Recent Graduate (‘10), John Rosecrans

Article by: Philip Piech
NOTES FROM THE ATSA OFFICERS

- Plans are under way for the 4th annual UNM-ATEP Open House, a recruiting day for high school students interested in athletic training. The junior class, the planning committee, is committed to improving the record turnout from previous years by creating a more interactive and educational event for all attendees.

- Our student organization raised over $1200 which we donated to UNICEF and Albuquerque Rescue Mission. Students also gathered hats, scarves and gloves and 148 blankets which we donated to a homeless shelter, Albuquerque Rescue Mission and a shelter for battered women, Joy Junction.

- The athletic training students also continued the tradition of providing first aid services for the Run for Relief, a campus-wide fund raiser.

- A large group of students turned out to help clean the Sandia Dog Obedience Club training yard – cutting back bushes, weeding, picking up trash and organizing the equipment shed.

- A major fundraiser for the ATSA is assisting at dog agility competitions. These annual events provide funds to enhance student experiences.

- Some educational experiences include in-services led by ATEP graduate assistants Carlos Gual and Jessica Morales. Gual led a workshop on splinting techniques while Morales presented “Beyond Google,” an internet research guide.

Article by: Shane Fitzpatrick, Janel Clark, Kendra Kornrumpf and Shandlin Copeland

ATSA members groom and clean training yard for Sandia Dog Obedience Club

UNIVERSITY OF NEW MEXICO
ATEP AND ATHLETICS

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UNIVERSITY OF NEW MEXICO
ATEP AND ATHLETICS

Accepting Applications
Graduate Assistant Athletic Trainers in ATEP for the 2011-2012 Academic Year

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DEDICATED TO FURTHERING THE EDUCATION OF THE COMMUNITY AND THOSE INVOLVED IN THE ATHLETIC TRAINING PROFESSION

THE NEWSLETTER STAFF:

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Susan McGowen holds a Ph. D. in Sports Administration from UNM and has been the UNM-ATEP Program Coordinator for 9 years. Dr. McGowen is also on the Board of Directors for the Board of Certification. Additionally, she serves as the risk management consultant for Red Bull North America Inc.

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Brenda Critchfield holds an M.S. in exercise science from UNM. She is a Lecturer within the ATEP as well as an Assistant Athletic Trainer. She earned her BS in Athletic Training from BYU. Brenda volunteers her time and services to the UNM Dance Department and New Mexico Ballet Company.

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Maureen Healy is a graduate assistant with the ATEP at UNM and assists with coverage of the volleyball, swim and dive teams. She graduated from Creighton University with degrees in Athletic Training and Exercise Science. She is pursuing a Master’s Degree in Sports Administration.

Carlos Gual is a graduate assistant with the ATEP at UNM and assists with coverage of the volleyball, swim and dive teams. He graduated a degree in athletic training from University of Central Florida. He completed a year with University of Maryland Baseball before he joined UNM-ATEP.

Student Editor:
Jesse Chavez is a junior in the University of the New Mexico Athletic Training Education Program. He is currently pursuing his Bachelor of Science is Athletic Training and hopes he can one day work at a high school. He has worked with the many different sports at UNM including Lobo Football, Volleyball and Track and Field and Baseball.