Master of Arts in Counseling

The Counselor Education Program within the College of Education at the University of New Mexico offers both Master’s and Doctoral degrees that are accredited by the Council for the Accreditation of Counseling and Related Educational Programs (CACREP). The Master’s degree requires a minimum of 60 semester credit hours of coursework and is designed for students to develop the requisite competencies for a career as a professional counselor. Tracks in Clinical Mental Health Counseling (formerly Community Counseling) and School Counseling are currently available. The Clinical Mental Health Counseling track is currently accredited under the 2001 Standards for Community Counseling as a Community Counseling program. The 2009 Standards combine two previous areas (Community and Mental Health) into Clinical Mental Health Counseling. As part of the regular re-accreditation process, the Counselor Education Program is in the process of seeking accreditation under the 2009 standards for the Clinical Mental Health Counseling Program. The School track is also accredited by CACREP and seeking reaccreditation with no name change. The Master’s degree program currently meets the preparatory standards for eligibility for licensure as a Licensed Mental Health Counselor (LMHC) in New Mexico and State Board of Education certification as a school counselor.

The Counselor Education Program Purpose and Aspirations
Consistent with the goals and visions of the College of Education, the Counselor Education Program is committed to promoting excellence and diversity in teaching, scholarship, and community service. The program features an integration of theory, research, and practice and interdisciplinary collaboration that is intended to prepare counselors who are informed, who will be sensitive to the diversity and uniqueness of individuals, families, and communities, and who will value and promote the dignity, potential and well-being of all people.

The program seeks to graduate competent counselors who have a firm grasp of the foundation and theory of counseling practice, skills in appraisal and intervention, an appreciation for diversity and the needs of a multicultural society, and an understanding of the variety of social and ecological factors that advance people’s mental health. In particular, our aspiration is for our students to acquire knowledge and skills in the 8 core competency areas that include: human growth and development, social and cultural foundations of counseling practice, helping relationships, working with groups, career and lifestyle development, appraisal, research and program evaluation, and professional issues.
Courses Offered
The Counselor Education Program offers a variety of required and elective courses. Many of our students take more that the required 60 hours of course work. Our core courses are those courses that comprise the basic skills and professional knowledge necessary to function as a professional counselor. We offer four prerequisite courses that must be taken before you take other counseling courses. The degree requirements are as follows.

Foundational Core Courses:
- COUN 510 Professional Orientation and Ethics
- COUN 517 Theories of Counseling and Human Behavior
- COUN 584 Multicultural Issues in the Helping Professions
- COUN 518 Group Counseling

Additional Required Courses:
- COUN 576 Diagnosis of Mental Disorders
- COUN 513 Career Counseling
- COUN 515 Testing and Assessment in Counseling
- COUN 516 Crisis, Disaster and Trauma Counseling
- COUN 577 Substance Use and Abuse
- COUN 522 Communication Skills in Counseling
- COUN 590 Practicum in Counseling
- COUN 519 Group Counseling Internship
- COUN 595 Internship (6 credits)
- EDPY 503 Principles of Human Development or FS 503 Seminar in Human Growth and Development
- EDPY 500 Survey of Research Methods in Education or EDPY 505 Conducting Quantitative Educational Research
- EDPY 502 Survey of Statistics in Education or EDPY 511 Introductory Educational Statistics

School Counseling Focus:
- COUN 545 School Counseling
- COUN 541 Counseling Children and Adolescents
- COUN 581 Sexuality in Counseling and Psychotherapy

Clinical Mental Health Counseling Focus:
- COUN 521 Clinical Mental Health Counseling
- COUN 581 Sexuality in Counseling and Psychotherapy
- COUN 560 Family Counseling

Taking Courses as a Non-Degree Student
Qualified students are permitted to take graduate counseling courses as a non-degree student with permission of the instructor. Up to four courses taken as a non-degree student can be applied to the Master’s degree if a student is subsequently accepted into the program. We recommend that non-degree students consider the following: COUN 510, COUN 517, and/or the EDPY course requirements.
Application and Admission Procedures
Please carefully follow the instructions on the application instruction checklist which you can access on the Counselor Education webpage Counselor Education @ UNM College of Education

Application to the Counselor Education MA program includes application fee, official transcripts, a completed university application submitted at http://www.unm.edu/apply/, and a program application (must be completed), found on the Counselor Education Website. Please combine your letter of intent and your program application into one document with a page break and upload to the letter of intent section. The Counselor Education application form requires a description of previous college course work, employment history, three references, and a personal statement/letter of intent. The Master’s degree application does not require the GRE. Application deadline is November 1st for admission in the following Spring, and February 1 for admission the following Fall semester. Students are admitted for the semester for which they are accepted. Deferring admissions requires entire program faculty approval. Application deadlines are firm. Only those applications that are complete (including all paperwork, fees, transcripts, etc.) will be reviewed. No Exceptions. We recommend you submit all application materials at least two weeks before the deadline dates to ensure the processing of your application. For questions about the Master’s of Arts in Counseling, please contact the Counselor Education office by calling (505) 277-4535, or emailing ifce@unm.edu.

It is your responsibility to ensure that all application materials have been uploaded to your online application. You may check on the status of your application by logging onto LoboWeb.

How your Application is Evaluated
Six criteria are applied in evaluating your application. Applications that address each of these issues receive more consideration.

1. Academic Record and Potential
The Graduate School and the Counselor Education Program seek students who have an undergraduate grade point average (GPA) of 3.0 (B). Students must have a bachelors degree or be in their last semester of their undergraduate program. If your undergraduate grades are not representative of the academic work you are currently capable of, you can indicate that your last two years of undergraduate work are more representative of your academic potential or present grades you achieved as a non-degree graduate student.

2. Academic Background
We are seeking students who have 18 credit hours of upper division (300-400 level course) undergraduate and/or graduate course work in the behavioral sciences. Courses that can be used to satisfy this requirement may include, for example, Education, Psychology, Family Studies, Sociology, Anthropology, Nursing, and Social Work, depending on the course content.

3. Relevant Work Experience
We will assess the quality of your work/volunteer experience and its relevance to your development as a counselor. It is to your advantage to tell us about your work/volunteer training including experiences teaching, working in human service settings, providing counseling services, etc.

4. Letters of Recommendation
Your three letters of recommendation are required to be submitted via the online application for your application to be considered complete. One recommendation letter must be from a professor and the other two may be either academic or from work supervisors, each of whom can attest to your motivation and potential. You will need to provide the names and emails of the persons you are requesting recommendations from, many referees prefer to write letters on their own stationary which can be uploaded to your online application. This is fine but they MUST still complete the numerical ratings on the online application. Personal or character references from friends, clergy,
politicians, or family members are usually not rated as highly as detailed letters from individuals who know about the counseling profession and are in a position to judge your professional and academic potential.

5. Personal Statement (3 pages maximum)
Please tell us about your goals, your motivation for becoming a counselor, and what you can accomplish by studying at UNM’s Counselor Education Program. Describe personal and professional experiences and characteristics that you believe support your candidacy. We consider your statement a “sample” of what we can expect from you as a student. Preference is given to applicants who present an organized and well written rationale for pursuing graduate studies in Counseling. Please combine your letter of intent and your program application into one document with a page break and upload to the letter of intent section.

6. Multi-Cultural Competence
In your personal statement describe your understanding or cultural pluralism. Tell us about your experiences or studies of people from cultures, backgrounds, or beliefs different from your own.

Interview with the Faculty
Typically about half of the applicants (selected from an initial screening based on the aforementioned criteria) are invited to interview with the faculty. This provides us with the opportunity to meet potential students and for you to expand on your qualifications for admission to the Counselor Education Program. These interviews are only done in person.