University of New Mexico

Counselor Education Program
Welcome & Thank You
Counselor: A mental health counselor is a medical professional who helps patients achieve emotional wellness. Counselors often see patients on an ongoing basis as one part of a treatment plan. These professionals work with a variety of patients and may specialize in areas such as trauma, addiction, or youth services and usually work from a wellness paradigm.

Social Worker: A social worker works towards the betterment of social conditions in the community, as by seeking to improve the condition of the poor, to promote the welfare of children, etc., usually through case management practices.

Psychologist: A professional specializing in diagnosing and treating diseases of the brain, emotional disturbance, and behavior.

Psychiatrist: A physician who specializes in the prevention, diagnosis, and treatment of mental illness. A psychiatrist must receive additional training and serve a supervised residency in his or her specialty. Psychiatrists and some psychologists can prescribe medication.
COUNSELOR EDUCATION

College of Education

- Department of Individual, Family, and Community
  - Education (IFCE)
  - Counselor Education is one of four programs in IFCE
    - Educational Psychology
    - Family & Child Studies
    - Nutrition
- Email: IFCE@unm.edu
Purpose & Aspirations

Consistent with the goals and vision of the College of Education, the Counselor Education Program is committed to:

• Promoting excellence and diversity in teaching
• Scholarship
• Community service

We work to promote an understanding of:

• Human development
• Psychological health that will improve and foster optimal potential for individuals, families, and our communities.
Program Features

Integration of:
- Theory
- Research
- Practice
- Interdisciplinary Collaboration

Fulltime Student Enrollment
- Classes are offered in a traditional format
- Day and early evening class offerings
- 9 credit hours is considered fulltime
- 3 years for completion
Faculty

- Dr. Jean Keim
  - Program Coordinator & Clinical Director

- Dr. Thomas A. Chavez
  - Assistant Professor

- Dr. Kelley Holladay
  - Assistant Professor

- Dr. Renee Howells
  - Assistant Professor

- Dr. Erica Merrill
  - Assistant Professor

- Dr. Monique Rodriguez
  - Visiting Assistant Professor
PROGRAM DEGREES OFFERED

MASTERS OF ARTS

• SCHOOL COUNSELING
  • School counselors assist students of all levels, from elementary school to postsecondary education. They advocate for students and work with other individuals and organizations to promote the academic, career, personal, and social development of children and youth.

• MENTAL HEALTH COUNSELING
  • Mental health counselors work with individuals, families, and groups to address and treat mental and emotional disorders and to promote mental health.

PHILOSOPHY DOCTORATE

• PH.D. COUNSELOR EDUCATION & SUPERVISION
  • Counselor Educators work in diverse settings including higher education, community mental health, schools, and other professional settings. They are trained in counseling, research, supervision of counseling services, and professional issues. They apply this education in helping people, organizations, and communities.
School Counselor
- 2017 Median Salary $55,410
  - Masters Degree
  - Internship
  - 291,700 jobs in 2016
  - Job Outlook 13% (faster than average)
  - Information from the Occupational Outlook Handbook

Mental Health Counseling
- 2017 Median Salary $43,000
  - Masters Degree
  - Internship
  - 260,000 Jobs in 2016
  - Job Outlook 23% (faster than average)
  - Information from the Occupational Outlook Handbook
Ph.D.
Counselor Education

- University Professor
  - Teaching, Research, Service
- Clinical services and Supervision
  - Direct client care, Supervising service delivery, Direct supervision of counselor-in-training
- Leadership & Advocacy
  - Non-profit organizations, Political activism, Leadership
Time Frame:

Mental Health or School Counseling Masters: 3 years

Dual track (Mental Health and School): 4 years

Ph.D. in Counseling Education and Supervision: 4 years
APPLICATION PROCESS

• MASTERS OF ARTS COUNSELING

• GRADUATE SCHOOL APPLICATION
  • Application fee ($50.00) non-refundable
  • International Application fee ($70.00) non-refundable
  • Complete and submit application and residency form
  • Submit one official transcript from every institution attended
  • 3 references with email contacts
    • Referees will receive requests via email
    • They will submit references via the online University system
APPLICATION PROCESS CONTINUED…

*3 references must be received to have a complete application

*Unofficial UNM transcript

*Letter of Intent/Statement

*Submit online

*August 15th & January 15th deadlines, **two weeks before deadline**

is encouraged*
COUN 510 Professional Orientation and Ethics
COUN 517 Theories of Counseling and Human Behavior
COUN 584 Multicultural Issues in the Helping Professions
COUN 519 Group Counseling
COUN 576 Diagnosis of Mental Disorders
COUN 513 Career Counseling
COUN 515 Testing and Assessment in Counseling
COUN 516 Crisis, Disaster, and Trauma Counseling
COUN 577 Substance Use and Abuse
COUN 522 Communication Skills in Counseling
COUN 590 Practicum in Counseling
COUN 519 Internship in Group Counseling
COUN 595 Internship (6 credit hours–2 semesters)
FS 503 Seminar in Human Growth and Development or
EDPY 503 Principles of Human Development EDPY 500
Survey Research Methods in Education or
EDPY 505 Conducting Quantitative Educational Research
EDPY 502 Survey of Statistics in Education or EDPY 511
Introductory Educational Statistics
60 Credits: Total Program Requirements

**SCHOOL COUNSELING**

- 51 GENERAL REQUIREMENTS
- 9 SPECIALTY SCHOOL REQUIREMENTS
  - COUN 545 School Counseling
  - COUN 541 Children & Adolescents
  - COUN 581 Sexuality in Counseling

**CLINICAL MENTAL HEALTH**

- 51 GENERAL REQUIREMENTS
- 9 SPECIALTY CMHC REQUIREMENTS
  - COUN 521 Clinical Mental Health
  - COUN 581 Sexuality in Counseling
  - COUN 560 Family Counseling
Clinical Practice

- A community outreach program provided by the University of New Mexico Counselor Education Program
- Has been in existence for over 25 years
- The only free counseling clinic in Albuquerque
SERVICE LEARNING COMPONENT

TRAVERSE OUTREACH PROGRAM
STUDENTS MUST COMPLETE A 5 HOUR SERVICE PROJECT

• Completed within the first semester of enrollment

• Observational hours and service outside of normal classroom time

• Students will not provide counseling services as a part of the service learning experience
COUN 590 PRACTICUM IN COUNSELING
- Practicum requires 100 hours of Counseling Service
- 40 hours of direct service at the Manzanita Counseling Center on UNM campus
- 60 hours of indirect service
- Day and evening hours are required

COUN 519 Group Counseling Internship

COUN 595 Internship (2-semesters)
- 600 hours of service over 2 semesters
  - 300 + 300
  - 240 hours of direct client service
  - 120 + 120
- Approved site: School or MH agency
- Dual track student will complete 4 semesters, totaling 1200 hours
PROGRAM COMPLETION REQUIREMENTS

- Submit Final Program of Study
- Counselor Preparation Comprehensive Examination (CPCE)
- Intent to Graduate Notification
- Students may sit for the National Counselor Examination (NCE) while in the last semester of the program
- The NCE is one component for NM state licensure as a LMHC
SCHOOL COUNSELING

• The UNM Counselor Education Program prepares school counseling students to apply for Licensure as a School Counselor.

• There are three pathways to meet New Mexico’s educational requirements for school counselor (Pre K12).

MENTAL HEALTH COUNSELING

• The UNM Counselor Education Program prepares students to apply for the Licensed Mental Health Counselor (LMHC) credential in New Mexico

• Education Requirement (16.27.9.9, b. 3)

• Examination (16.27.9.11)
1/3 Pathways towards NM School Licensure

- Officially sealed transcripts Master’s degree from regionally accredited college
- 36-42 graduate hours in school counseling, including practicum
- Pass the Content Knowledge Assessment in School Counseling
- Learn more at https://webnew.ped.state.nm.us/bureaus/licensure/
Clinical Mental Health Licensure

New Mexico requires that counselors meet a number of benchmarks that must be met in order to obtain licensure as a counselor.

There are two levels of licensure

- Licensed Mental Health Counselor (LMHC) which is the title required to complete your supervised work experience
- Fully licensed the Licensed Professional Clinical Mental Health Counselor (LPCC).

You can learn more about the licensure process at ttp://www.rld.state.nm.us/board/counseling_and_therapy_practice.aspx
Professional Identity Development

- Mental Health
  - American Counseling Association (ACA)
  - American Mental Health Counselor Association (AMHCA)

- School Counseling
  - American School Counselor Association (ASCA)

- Honors Society
  - Chi Sigma Iota: Upsilon Nu Mu
• Be assured of the quality of your academic program.

• Research shows CACREP graduates perform better on the National Counselor Examination for Licensure and Certification (NCE).

• Streamlines the licensure application process.

• CACREP programs have been reviewed against professionally approved standards.
Professional Opportunities